

GLUTEN FREE FOODS ARE AVAILABLE IN OUR RESTAURANTS

- Our entrees include hushpuppies and cornbread. Please inform your server about your condition, and remind them to leave those items off of your meal!

Entrees

- Grilled Chicken (Lemon Pepper, Grilled, Cajun Grilled & Blackened)
- Smothered Chicken Breast (Swiss cheese, sautéed mushrooms and onions)
- Steaks (Ribeye, Sirloin, and Petite Filet)
- Smothered Hamburger Steak (Swiss cheese, sautéed mushrooms and onions)
- Shrimp (Grilled, Broiled, Boiled)
- Catfish Dinner (Grilled, Blackened, Lemon Pepper or Broiled)
- Grilled Flounder Fillets (with or without grilled shrimp)
- Fresh Catch of the Day (when grilled, baked or broiled)
- Crawfish (Boiled when in season)
- Shrimp Brochette
- Salads
 - Spinach, Chicken Chef, Chef Salad, Caesar Salad (without croutons), Louisiana Shrimp Salad, and Grilled Shrimp Salad

Sides

- Grilled Vegetable Medley (yellow squash, zucchini, carrot, broccoli, and cauliflower)
- Baked Potato (sour cream, butter, cheese (bacon and chives on request))
- Roasted Garlic Mashed Potatoes (contains maltodextrin)
- Rice Pilaf (contains maltodextrin and modified corn starch)
- Green Beans with sautéed bacon and onions
- Pinto Beans (when available, cooked with salt pork and seasonings)
- Mustard Greens (cooked with salt pork and seasonings)
- Coleslaw
- Salad
- Salad Dressings (Vinegar & Oil, 1000 Island, French, Honey Mustard, Caesar, and our two fat free dressings, Italian and Raspberry Vinaigrette)
- Our popular Ranch dressing contains msg and maltodextrin

There may be flour present in our frying oil, so it is best to avoid fried foods at this time.

Groups of 40 or more requesting gluten free fried foods can be accommodated with 7 days advance notice. We can also provide a wider variety of gluten free foods, such as bread (including a gluten free version of our famous cornbread) and dessert, with enough advance notice (also for large groups).